

# PROMO RACE 25 KM OHRID (MKD) Sunday, August 26<sup>th</sup> 2023









### To: ALL LEN MEMBERS FEDERATIONS

Dear open water family,

North Macedonia has a rich tradition in open water swimming that spans for many decades. It is with great pleasure and honour that we host the Promotional Race of the **Ohrid Open Ultra Marathon 25 km** on the crystal clear waters of lake Ohrid

This event represents the continuation of 30 years of arduous work in organizing races in this splendid location.

I express my gratitude to the co-organizers, the Municipality of Ohrid, the local swimming clubs, the sponsors, and all the selfless helpers who have devoted themselves to the successful organization of this event.

Come to Ohrid to experience Macedonian hospitality; we will have an excellent race and create wonderful memories.

Goran Stojanovski, president of National Swimming Federation of North Macedonia









Општина Охрид Municipality of Ohrid

### WELCOME TO OHRID - ДОБРЕДОЈДОВТЕ ВО ОХРИД



Welcome to Ohrid, a captivating destination that will enchant you with its natural beauty and rich history! Nestled on the shores of Lake Ohrid, this picturesque city in North Macedonia is a true gem waiting to be discovered.

As you explore Ohrid, you'll be greeted by its stunning surroundings. The crystal-clear waters of Lake Ohrid shimmer under the sun, inviting you to immerse yourself in their refreshing embrace. The lush green mountains that encircle the city provide a breathtaking backdrop, creating a serene and tranquil atmosphere.

Ohrid is a place where history comes alive. Walk through the cobblestone streets of the Old Town and marvel at the beautifully preserved medieval architecture. Discover ancient churches, monasteries, and fortresses that stand as testaments to the city's past. UNESCO has recognized the significance of this city by declaring it a World Heritage Site, and it's easy to see why.

But Ohrid isn't just a place of the past. It's a vibrant city that blends tradition with modernity. Explore the lively bazaars and markets, where you can find a plethora of local crafts, unique souvenirs, and delicious traditional cuisine. Indulge in mouthwatering dishes that will tantalize your taste buds, accompanied by the warm hospitality of the locals.

For nature enthusiasts, Ohrid offers a wealth of outdoor activities. Take a boat ride on the lake, go hiking in the surrounding mountains, or simply relax on one of the many pristine beaches. Whether you seek adventure or tranquility, Ohrid has something for everyone.

We are delighted to welcome you to Ohrid and ensure that your stay will be nothing short of extraordinary. Immerse yourself in the beauty of this magical city, soak up its rich culture and history, and create memories that will last a lifetime. Enjoy your time in Ohrid, where nature and heritage embrace to create an unforgettable experience.







**Key information:** 

### EVENT TITLE OHRID OPEN ULTRA MARATHON 2023 – OHRID (MKD) INTERNATIONAL OHRID SWIMMING MARATHON 2023 ORGANISATION

NSF North Macedonia

DATE

26.08.2023.

### RULES

Competition shall be held under LEN and World Aquatics Open Water Rules

### VENUE

Lake Ohrid, North Macedonia

### ACCREDITATIONS

All team members will receive their accreditations upon arrival to the official hotel. The accreditation is mandatory to access to the competition venue. We kindly ask all participant to send an ID sized photo in advance in order to speed up the process of accreditation.

### **TEAM LEADERS MEETING**

Team leaders meeting shall be held on Friday, 25.08.2023 at 18.00 hours. Details shall be communicated.

### AWARDS CEREMONY

Please advise the athletes to be ready for the award ceremony at the set time in national federation uniforms.

### **PRIZE MONEY**

The three best european athletes (male an female) will receive prize money: 1<sup>st</sup> €2.500; 2<sup>nd</sup> €1.500; 3<sup>rd</sup> €1.000

Additional Prize Money will be awarded to the first swimmer man and woman passing the two <u>FLYING SPRINTS</u>. €500 on each flying sprint. In order to receive this prize the swimmer must finish the race within the time limit.







### **EVENT CONTACT**

For any questions and queries please contact LOC at: owsmkd@gmail.com Ph: +38923122305 Mob: +38970298624 Contact: Vasil Velkov

**Important dates:** 

20.07.2023 Preliminary Entry Form Deadline 05.08.2023 Final Entry and Accommodation Form Deadline 25.08.2023 Technical Meeting 26.08.2023 Race Day

#### **OFFICAL ACCOMMODATION Hotel Desaret, Ohrid**

The LOC is providing 3 days full board free of charge for 20 swimmers (man and woman) limited number of rooms, all queries shall be on a first come first served basis Other rates: Single room €120,00 (per person, per night, full board) Double room €90,00 (per person, per night, full board) Triple room €85,00 (per person, per night, full board)







### **OFFICAL TRANSPORTATION**

-The LOC will provide transfer to all teams who use accommodation offer through the LOC (airport transfers + local shuttle)

-The LOC will also provide **10** airplane tickets from major European city to Ohrid for 10 swimmers (man or woman).

Please fill in the Travel Assistance Request Form and submit it by 20.07.2023

#### PAYMENTS

Payments shall be by bank transfer, bank details shall be provided.

### **CANCELLATION POLICY**

- Cancellations prior to 05.08.2023 will not be penalized.
- Cancellations between 05-12.08.2023 shell be charged 50% of the total cost of the cancellation
- Cancellations after 28.08.2023 is non refundable and will be charged 100%

- Any cancelliation of the users of the Travel Assistance after the plane tickets are purchased will be charged 100%









# THE COURSE, 25 km



OPEN WATER CUP





# **GENERAL PROGRAMME**

# Thursday, 24.08.2023

\*\* training in pool – outdoor\*\* training at the competition venue

### Friday, 25.08.2023

\*\* training at the competition venue 18:00 Technical meeting

### Saturday, 26.08.2023

12:00 Start of the race 25 km Man and Woman 18:15 Award ceremonies 21:00 Gala dinner







# **PRELIMINARY ENTRY FORM**

Within 20.07.2023 owsmkd@gmail.com

NAME		_CODE
ADDRESS		
CONTACT PERSON		
PHONE	E-MAIL	

### **ESTIMATED SIZE OF DELEGATION**

MALE SWIMMERS	FEMALE SWIMMERS	TEAM STAFF	TOTAL

### PRELIMINARY ACCOMMODATION BOOKING

Hotel Rooms: Single(s)\_\_\_\_Twin(s)\_\_\_\_Triple(s) \_\_\_\_ Night(s): Thursday 31<sup>st</sup> Friday 1<sup>st</sup> Saturday 2<sup>nd</sup> Sunday 3<sup>rd</sup> Monday 4<sup>th</sup>

Date:

President / General Secretary

DEN	WATEF	CUP
OPEN	VV	

NAME	_CODE
ADDRESS	
CONTACT PERSON	

PHONE\_\_\_\_\_E-MAIL\_\_\_\_

Arrival				
Date	Airport	City of origin		
Time	Terminal	Flight Nr		
Nr of People				

Departure				
Date	Airport	City of destination		
Time	Terminal	Flight Nr		
Nr of People				

Do you request travel assistance by the LOC? YES \_\_\_\_ NO \_\_\_\_

If Yes please indicate the closest major city in Europe

Request approved YES \_\_\_\_ NO \_\_\_\_

Date:

President / General Secretary

**FINAL ENTRY FORM** Within 05.08.2023

owsmkd@gmail.com



#### NAME

\_\_\_\_\_CODE\_\_\_\_\_

# ADDRESS\_\_\_\_\_

## CONTACT PERSON\_\_\_\_\_

PHONE\_\_\_\_\_E-MAIL\_\_\_\_

### **ENTRIES**

	Family name	Name	Gender	DOB	10km
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					

#### Date:

President / General Secretary

OPEN WATER CUP

### **Official Sponsors**

LOC Partners



Општина Охрид Municipality of Ohrid



National Swimming Federation of North Macedonia